

Cove club

By Kelsey DiCarlo
Staff Writer

Attention dolphin lovers! In the fall of 2011, three Bryant University students, Mike Corey ('13), Tyler Waterman ('13), and Alexandra Bengston ('13), are officially launching The Cove Club. Every year from September to March, thousands of dolphins are rounded up in the coastal coves of Taiji, Japan. The more attractive dolphins are selected to be sold at auction to perform for audiences or in movies such as Flipper. The rest are taken to a discreet area and brutally slaughtered and sold for their meat. The slaughters are both unethical and horrifying by practice, but become even more serious because the meat is frequently poisoned with mercury, which leads to birth defects and other ecological disasters.

Richard O'Barry, a former dolphin trainer for the movie Flipper, is the pioneer to break down the industry, after witnessing one of the trainees, Kathy, who had committed suicide by consciously deciding to stop breathing and force herself to die, because she was depressed about the life she had lived. O'Barry started Save Japan Dolphins to fight to give dolphins the happy life they deserve. He was also the focus of the documentary The Cove, which exposed some of the terrors involved with the capture and slaughter of the dolphins. This is where the Cove Club comes in.

Corey, Waterman, and Bengston originally became familiar with the Cove in their management class. The Cove "sparked an interest for an international group to work with" said Bengston, "since it was such an off the map topic, not a lot of management teams had considered this issue". As they began to learn more about the slaughters, the team decided to make the Cove more than a passionate topic for class. According to Bengston, they created the club to "raise awareness". The Cove Club "will be working with Save Japan Dolphins",

See "Cove Club", pg 6.

Giving back during break

By Sara Larrabee
Staff Writer

Did you know that every year during Spring Break, Bryant students travel to different parts of the country to perform community service projects? Well over the next few weeks, we will hear from the very students who travelled and experienced the power of philanthropy. This week, we will explore the wonders of our national capital, Washington, D.C.

During their time away from Bryant, students worked with three organizations. The mornings were spent with Food and Friends, a place that prepares meals and delivers them to others who are suffering from HIV/AIDS, cancer, and other life-threatening illnesses. The students worked on preparing the meals, delivering them, and then calling and checking in with clients to make sure everything was to their liking. Afternoons were spent with Little Sisters of the Poor, a Catholic organization that focuses on living arrangements for low-income elderly citizens. Students played games with the residents and seemed to learn a lot from their conversations. At the end of each day, students would then travel to St. Anthony's Elementary School and play with the students after



Bryant students visited with the low-income elderly during their time in Washington, D.C. (Alicia Kennedy '12)

school (while waiting for their parents to come pick them up). They also helped them get a head start on their nightly homework. Here are some stu-

dents' specific reactions to their time over break:

See "Did you know", page 2

Bryant formally introduced to fashion

By Ashley Fullard
Staff Writer

In a colorless world of black, white, grey and beige Bryant has been suffering from a serious lack of Fashion.

Often times this a condition many business schools suffer from, however worry no more because Bryant's brand new Fashion Forum is here!

Bryant's Fashion Forum

was founded this semester by Victoria Royals who was inspired by her NYC trip with the Amica Center this past winter break. During her trip Victoria was able to visit and meet top Fashion company

executives such as Betsy Hilfiger of Tommy Hilfiger Inc.

Through observing and communicating with her fellow Bryant attendees, Victoria saw that there was a desire and need for those students who wish to pursue careers in the fashion industry upon graduation from Bryant to gain valuable experience ahead of time. And just as a designer thinks of potential designs, Victoria got the idea for a fashion club and thus her idea materialized.

The process for establishing this club wasn't an easy one. Victoria took a very systematic approach to researching the idea of this club and upon receiving backing from Professor McCarthy, Victoria started the hard process of founding a club.

Through her hard work Victoria was able to found and start a club all in a matter of weeks. The Fashion Forum meets Mondays at 5pm in Pa-

See "Fashion", page 4.



From left to right: Melissa Ellard, Sara Haslbauer, Victoria Royals, Kara Tuccinardi, Shana Follette, and Professor Theresa McCarthy. (Alicia Kennedy '12)

In this week's Archway

- ♦ Sports - Sweet symphonies of softball (pg 7)
- ♦ Business - E-readers close bookstores (pg 11)
- ♦ Opinion - Diversity Education (pg 12)
- ♦ Variety - 5 artists you've never heard of (pg 14)

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The LEARN Weekend Experience

By Sara Elder
Copy Editor

We didn't receive much advance information about the LEARN Weekend Experience. A couple hundred students were nominated to apply for this once-in-a-lifetime experience. Out of the 200 or so students, forty were handpicked to attend a 48 hour off-campus event. We were told when we would leave, what to bring, and when we'd get back. We also knew that it would be in Harvard, MA at Friendly Crossways.

We had no idea what was in store for us, but some students had ideas brewing in their active imaginations. Kelsey DiCarlo, Class of 2014, a participant of the LEARN Weekend, did her research and found out that Friendly Crossways was, in fact, in the middle of the woods in East Nowhere, Massachusetts, and over an hour and a half away from campus. The first thing that came to Kelsey's mind, a native New Yorker, was 'Project Adventure,' referring to an all-out outdoor obstacle course, rope swinging, trust fall experience.

Other students equated the experience to the same thing as the LEARN portion of Linked Through Leadership. They expected to have presenters and similar programs. Fortunately, the weekend was not 'Project Adventure' and it was not Linked Through Leadership either. It

was more like an extension of LEARN, a deeper, condensed extension with 3 times the people. You didn't have to participate in Linked Through Leadership to apply to or enjoy the weekend retreat. The program was closely related to Linked Through Leadership but it was a completely different undertaking.

The Linked Through Leadership program has three stages to it: Learn, Lead, and Change. Each stage lasts 6 weeks, and they run every semester. LEARN focuses on you and who are you as a person, the LEAD stage takes that information and shows you how to lead with what you know about yourself, and the CHANGE stage takes both your knowledge of yourself and ability to lead and teaches you how to change our campus and virtually anything you want.

The LEARN Weekend Experience is the first of three weekend long programs, along with the LEAD and CHANGE experiences. These experiences are kept hush-hush, and information about the experiences is purposely kept from students so if they do choose to go on this experience, they'll be amazed and have just as great of an experience.

Everybody went on this trip for different reasons. Some had 'just applied because they were nominated,' others had friends going, some had no friends going, some wanted to branch

out, others wanted to participate more on camps, and even more just wanted to learn about themselves, a simple idea in theory. But this weekend showed me that there is so much to learn about yourself that it's almost impossible to ever know yourself completely.

If I had to explain this weekend briefly, I would say that it's eye-opening. You'll realize things about yourself that you never knew, and you'll meet people you'll never forget. We attended various sessions over the weekend, all of which delved into ourselves and who we are.

You can't lead other people unless you know yourself, including your

strengths, weaknesses, and insecurities. These all play a part in how we work as a team, how we deal with conflict, what goals we make, and how we perceive others.

These are

all subjects we touched upon over the weekend.

Each and every person at the retreat achieved some sort of goal over the course of the weekend and everybody made goals for the future. We had sessions in small groups and large groups, and by the end, almost everybody knew each other's names. The amount of support you receive is shocking, to say the least.

I won't say any more about the weekend as I want future participants to have the same experience I did and go into the experience with an open mind. I will say that it's something you won't regret if you do choose to take part in it.



The LEARN Coordinators, leaders, and attendees! (Angela Marchio)

Did you know?

Continued from page 1

Jin Park '12

"The ASB experience was everything I had hoped for, but nothing like I had expected. The most memorable part of my experience was my afternoon with Genevieve, a resident at Little Sisters of the Poor. At the end of our last visit to Little Sisters, she said something to me that I will never forget. She said, 'Although I am blind... I see you... I see your big smile and your warm heart.' I promised myself that day that no matter how busy I get, I will always try to be there for those who need me in the only way that I can - by being compassionate, by just listening."

Alicia Kennedy '12

"I chose to attend the Alternative Spring Break trip because I wanted to do something different dur-

ing my week off, and there is nothing better than contributing your time to help others in need. This was an incredible experience and to have to pick just one moment that impacted me is quite a challenge! I took away something from each of the organizations. Above all, I learned that there are so many things in life that we take for granted. This trip was a great reminder that human kindness and just being genuine goes a long way."

Dhara Shah '12

"I would definitely recommend others to go on an Alternative Spring Break trip, earlier rather than later. That is to say I think freshmen and sophomores should take advantage of this opportunity for sure because it is a great learning experience; you can meet great people and make very close connections."

Racheal Pozerski '13

"My mission was to help provide support to oth-

ers and to get to know myself better. It was a trip that helped build strong relationships with the people within the community, with the advisors, and with the students on the trip. This trip [also] helped me realize that there are more important things in life than going to somewhere warm on Spring Break with your friends. It is more important to better yourself by doing what you love."

There were 14 students who attended this event led by Residence Life staff members Betsy Knowles, Vince Ciampolillo, Rob Mammone, and Krystal Ristaino. Each one came back with a story and a changed heart. It is important to get involved at any stage in your education, and Bryant gives its students many opportunities to explore themselves and to grow as leaders.

Look for another edition of DYK next week when students from the New Orleans trip will tell of their experiences. Thank you to all who have made this article possible!

Second Annual

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Shaving your craving

By Debbie Turner
Dietician

Students' Questions:

1. Why do we crave foods like pizza and cheeseburgers that are bad for us and how can we avoid the less healthy options when the main meal doesn't appeal to us?
2. How can we prepare our meal so that it is healthy but also fills us? I've tried to eat healthy but still feel hungry after a salad!

What is a craving? A craving by definition is an intense, urgent, or abnormal desire for some particular thing. Desire is a strong wish for something (Miriam-Webster).

Food cravings can be very powerful, and if you find yourself daydreaming about a fatty cheeseburger during an afternoon lull, or craving a sweet dessert even though you're full from dinner, you may need to discover the real reasons behind your cravings.

Cravings may bombard your mind for many reasons, but hunger usually is not one of them. Once you figure out why you're craving certain foods then you can try to control your cravings, and hopefully, get through the day without gorging yourself. Most cravings are not the result of poor willpower but have simple physiological and/or psychological causes; they can be easily controlled by eating a diet that emphasizes all foods in moderation.

Four common causes of cravings:

1- Dieting:

If someone told you not to think about pink zebras, your mind would be filled with images of galloping pink zebras. The same goes for diet-

ing: when you ban certain foods from your diet or label foods as "good" and "bad" (i.e. carbohydrates or fats), you are going to crave the very foods you are trying to avoid. This leads to bingeing and low self-esteem.

2- Bodily Needs:

It's possible that you may be craving nutrients your body is deficient in such as:

- **Calories:** Going longer than 4 hours without eating will spiral a craving. When we go a long time without eating, the first thing most people crave is fatty food primarily in the form of sugary carbohydrates (cookies) and/or fats (a chocolate bar, French fries). In this case your body is requiring more calories and calls for the most it can get in a short time.

- **Imbalanced nutrition:** A good visual for a meal is to make $\frac{1}{2}$ your plate vegetables (like salad), $\frac{1}{4}$ of the plate a starch, and the other $\frac{1}{4}$ a protein.

- **Inadequate fluid intake:** Dehydration will often mask itself as hunger, so remember to hydrate!

3- Lifestyle habits:

Some cravings exist due to habit. For instance, your family may have eaten dessert every night after dinner while you were growing up. Now, if dessert doesn't appear every night after dinner, you crave something sweet. Or maybe associations can trigger cravings. Passing a bakery may have you wanting a donut, or an ad for McDonald's may trigger a craving for French fries. Certain activities are also linked to cravings. Watching movies, for example, is heavily associated with eating popcorn and candy.

- 4- **Emotions:** Emotions can also lurk

See "Cravings", page 5

Women's Center dedication honors Gertrude Hochberg

By Katherine Hurley
Staff Writer

In celebration of Women's Her-story Month, the Women's Center of Bryant University was dedicated to Gertrude Meth Hochberg on March 22, 2011. Students, faculty, and staff joined together on this day to honor Gertrude while her dedication was unveiled. As a leading female figure at Bryant University, Gertrude has earned her due recognition for the everlasting impact she has made with our community. "Perhaps you did not know her, but her tenacious spirit, vitality, and influences are felt every day on our campus," Toby Simon, director of the Women's Center, said.

Working during a time that was untraditional for a woman to maintain a job, Gertrude manifested the empowerment of

the female race. Gertrude began her career at Bryant in 1949 as the Director of Public Relations. She was the first female vice president at Bryant when she served in her position as vice president of public relations from 1975-1977. While at Bryant, Gertrude served as the initial voice that brought the first woman to deliver Bryant's commencement address. She also organized the original Women's Symposium, and today the Women's Summit resonates much of the same values.

Outside of the Bryant community, Gertrude was selected by the governor to serve as chairperson of the Rhode Island Commission on the Status of Women in 1971. Furthermore, she was an extremely charitable person who brought a sense of community to the state of Rhode Island by helping those in need. For example, Gertrude took in a

foster child in addition to raising her own children and helped this child grow and prosper through the discovery of a professional job.

Erica, Gertrude's daughter, also described that while growing up, Bryant students were always at her house helping with the children and working with her mother. Erica shared that these relationships manifested the personable character that her mother portrayed. Overtime, Gertrude has helped shape an influential theme in Bryant's history and that is the ability of women to achieve successful careers. "The legacy put in place will be inspired by Gertrude," claims Dr. Thomas Eakin, who spoke at the dedication ceremony

for Gertrude.

In appreciation of her dedication, Gertrude's son and daughter, Mark

Hochberg and Erica

Stern, were able to join our community. Mark and Erica also elaborated on their mother's accomplishments, claiming that she was an amiable person who built the work she did one student at a time. "Bryant gave my mother the platform to be a professional woman in a time when it was not very common," asserts Erica, "so she would have been honored to know that her missions of Bryant are being continued into the future."

Gertrude's son also shared the importance Gertrude felt over the "students' need for a voice." Gertrude was a big booster for The Archway as she frequently wrote articles to formulate a platform for students' voices. Her legacy was that nothing in life is limited, and Gertrude encouraged her students to forever "aspire, be inspired, and be inspiring."

*"Aspire, be inspired,
and be inspiring"*



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Study Abroad Spotlight

Name: Liv Knowles
Class of 2011
University: University of Westminster
Location: London, England
Partner: Arcadia
Semester Abroad: Spring 2010
Duration: January to May

Reason for going:

I knew I wanted to go abroad since I came to Bryant. I also knew that it was going to be maybe one of the only opportunities in my life where I would be able to up and move to another country for five months. Bryant and Arcadia made

the process so easy, so there was no reason not to go abroad!

Best experience/memory:

Every single day in London was an experience! One of my favorite memories, though, was visiting Florence with my best friend from London to see my roommate from Bryant. We hiked up to the Piazza de Michelangelo, where you can see the entire city of Florence. Not only was it gorgeous, but it was awesome to be with friends from London and friends from Bryant all together in another country!

Funny cultural experience:

When I went on a tour of Stonehenge, Windsor Castle, and Bath, Bill Nye the Science Guy was on it with us! We were the only Americans on the tour so we were the only people who knew who he was... it was hilarious, because it was the most unexpected "celebrity" to see when you're in the English countryside!

How was the school different from Bryant University?

University of Westminster was different from Bryant in every possible way. There are four campuses in London, all located in different places. It took me 40 minutes to get to campus every day, versus the 3 minutes it takes to walk to class here. We only had each class once a week, but they were 3 hours long and split into a lecture and a seminar. It was different, but I loved it, because every time you went to class was an opportunity to meet someone new.

Would you study abroad again given the opportunity?

Absolutely! Studying abroad was hands down the best experience of my entire college career, and I would recommend it to anyone.

Fashion

Continued from page 1

pitto. The first meeting was March 14th and the turnout couldn't have been better. With 30 students in attendance the future of Bryant Fashion Forum looks bright because as we all know in the world of fashion, you're in one day and out the next.

I recently sat down with Victoria and asked her how she hopes this club will enrich the Bryant community, here's what she had to say:

"This club will enrich the Bryant community through providing its members with networking opportunities to gain possible jobs and internships in the fashion industry. It will also provide an outlet to get more information about the fashion industry. If a few members of the club get an internship or a job offer out of the Bryant Fashion Forum, then all of the hard work was worth it. Also, our executive board members have been hard at work thinking about volunteer opportunities and other programs that will benefit not only the Bryant Community, but Rhode Island as well."

Victoria has already put these hopes into action by scheduling the club's first event for this upcoming Monday, March 28th. The guest speaker will be Mallory Musante. Mallory is a Bryant alumni who hand paints designer shoes that have been seen on runways at Mercedes-Benz and worn by women on "The Real Housewives of NYC". Mallory is just the first of many wonderful events that the Fashion Forum will hold. It's a wonderful club to be involved in if you're seeking an alternative career path from the traditional business route.

Victoria strongly encourages all members of the Bryant community to attend and as always "Have a fashionable day"!

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2008 Completes PwC's Tax practice
internship and PwC's Internship
Development Program
2009 Earns Masters of Accounting,
hired as a Tax Associate at PwC
2010 Joins Marketing & Sales

Mallory Elliott, PwC Senior Associate. Following an internship at PwC, Mallory earned a Masters of Accounting. After she was hired full-time, her work impressed a senior partner and she was given the opportunity to move into Marketing & Sales, feeding her career and future even further. **To see Mallory's full timeline and how you can feed your future, visit www.pwc.tv**

Department of Public Safety Log

VANDALISM (AUTO)

MAR 15 2011-Tuesday at 11:29
Location: JOHN MOWRY ROAD
Summary: DPS received a report of a vehicle that had been vandalized. DPS is investigating the incident.

UNWANTED SUBJECT

MAR 16 2011-Wednesday at 13:53
Location: RESIDENCE HALL
Summary: A student called DPS reporting they had an unwanted guest in their room. DPS responded and the person was escorted off campus by officers.

BURGLARY (RESIDENCE)

MAR 16 2011-Wednesday at 14:18
Location: RESIDENCE HALL
Summary: A student reported the theft of an XBOX 360 and games from his room. DPS is investigating the incident.

THEFT (Larceny from Building - Under \$50) MAR 16 2011-Wednesday at 16:04

Location: GEORGE E BELLO CENTER
Summary: The library staff reported the theft of a book from the library. The incident was investigated and the book was found.

VANDALISM

MAR 17 2011-Thursday at 04:36
Location: RESIDENCE HALL
Summary: DPS received a call from a student saying they were having issues with their roommate. DPS responded to assist and the incident was referred to Residence Life.

VANDALISM (School Building)

MAR 17 2011-Thursday at 23:08
Location: JUNCTION CAFE
Summary: A DPS officer reported finding a broken window. The incident is being reviewed by DPS.

EMT CALL

(Medical Services Rendered)
MAR 17 2011-Thursday at 23:18
Location: TOWNHOUSE
Summary: DPS received a report of

an intoxicated subject. EMS was activated, and Smithfield Rescue transported subject to Fatima Hospital for further treatment. Charges on campus have been filed.

ASSAULT (Assault and/or Battery)

MAR 18 2011-Friday at 01:07
Location: RESIDENCE HALL
Summary: An unidentified student called DPS to report someone was threatening him, and was going to damage vehicle. DPS officers responded and the incident is under investigation.

VANDALISM

MAR 18 2011-Friday at 09:00
Location: BELLO CENTER LOT
Summary: A member of the Grounds staff reports trees that were intentionally damaged.

EMT CALL

(Medical Services Rendered)
MAR 18 2011-Friday at 19:15
Location: TOWNHOUSE
Summary: DPS received a report of a student acting strangely. EMS was activated and Smithfield Rescue transported subject to Fatima Hospital for further treatment. Charges on campus have been filed.

DRUG

(Controlled Substance Violation)
MAR 18 2011-Friday at 23:31
Location: RESIDENCE HALL
Summary: A student called DPS to complain about noise, and the possibility of bottles being broken. DPS responded to the room. Drugs and drug paraphernalia was confiscated and one person was arrested by Smithfield Police. On campus charges have also been filed.

EMT CALL

(Medical Services Rendered) MAR 19 2011-Saturday at 21:25
Location: ENTRY CONTROL STATION
Summary: While in route back to campus, a student called stating his passenger was suffering an allergic re-

action. EMS was activated and was waiting at the ECS for the student to arrive. Smithfield Rescue transported subject to Fatima Hospital for further treatment.

EMT CALL

(Medical Services Rendered)
MAR 20 2011-Sunday at 01:35
Location: RESIDENCE HALL
Summary: DPS responded to a report of an unconscious student. EMS was activated, and Smithfield Rescue transported subject to Fatima Hospital for further treatment. On campus charges have been filed.

VANDALISM

MAR 20 2011-Sunday at 02:06
Location: RESIDENCE HALL
Summary: DPS received a report of the front door of a Residence Hall being broken. DPS is investigating the incident.

FIRE ALARM (Building)

MAR 20 2011-Sunday at 02:08
Location: RESIDENCE HALL
Summary: DPS received a call for a malicious fire alarm in a Residence Hall. Smithfield Fire responded and the incident is under investigation.

FIRE ALARM (Building)

MAR 20 2011-Sunday at 02:22
Location: RESIDENCE HALL
Summary: DPS received a call for a malicious fire alarm in a Residence Hall. Smithfield Fire responded and the incident is under investigation.

FIRE ALARM (Building)

MAR 20 2011-Sunday at 02:30
Location: RESIDENCE HALL
Summary: DPS received a call for a malicious fire alarm in a Residence Hall. Smithfield Fire responded and the incident is under investigation.

FIRE ALARM (Building)

MAR 20 2011-Sunday at 02:45
Location: RESIDENCE HALL
Summary: DPS received a call for a malicious fire alarm in a Residence Hall. Smithfield Fire responded and the incident is under investigation.

BIAS INCIDENTS

None Reported

To report a bias incident or hate crime, go to www.bryant.edu/bias or call the Bias Incident Hotline at x6920. Bias related incident – a threatened, attempted, or completed action that is motivated by bigotry and bias regarding a person's real or perceived race, religion, natural origin, ethnicity, sexual orientation, disability, or gender status. Examples of these incidents include name calling, offensive language/acts, and graffiti/behavior.

The DPS Crime Prevention Officers: "TIP OF THE WEEK"

REMEMBER! The activating of a malicious fire alarm is a crime!

Anyone found to have activated a malicious fire alarm on campus will be prosecuted by the Smithfield Police.

Interference with Fire Alarm Apparatus clause states that:

"Every person who unlawfully and without just cause willfully or knowingly, tampers with, interferes with or in any way impairs any public fire alarm apparatus, wire or associated equipment, shall be guilty of a felony and upon conviction thereof, shall be punished by a fine of not less than \$1,000 or more than \$5,000 or shall be imprisoned for not less than one (1) nor more than five (5) years, or both."

Cravings

at the root of food cravings especially if you consider certain foods "comfort" foods. If you continually reach for candy every time you're stressed out or upset then you may begin to associate the taste of candy with feeling better. In order to fight cravings it is important to recognize them and then change the physical and/or psychological behavior causing them. Here are a few ways:

Eat meals regularly

Eating meals regularly will ensure that your body doesn't become starved for calories. Remember to combine a carbohydrate with a protein to help keep you fuller longer.

Don't deprive yourself; stop dieting!

Banning certain foods from your eating pattern will only make you want them more. Rather than blacklisting certain foods try the 90/10 model: eat healthy balanced plates 90% of the time and indulge yourself 10% of the time. An eating pattern that includes all foods is one that's likely to keep you from gorging on a craving. It's better to eat one cookie now than to let the craving build to a point where you eat the whole plate of cookies.

Have smart snacks

If you know that you have to go several hours without a meal then keep healthy snacks handy or have a plan where to get them. This way you don't jump on the first cookie that catches your eye. Good snack choices include yogurt parfait, apple and peanut butter, trail mix, and hummus with crackers. Note: these all include a protein option.

Drink plenty of water

Water, besides being necessary for survival, can help eliminate cravings. Your body needs 10 to 13 8-ounce glasses of water per day for optimal functioning,

Continued from page 3

and more if you exercise.

Master the art of distraction

Most food cravings last no longer than 20 minutes. If you can distract yourself for that long after your cravings hit then it will likely pass and leave you in peace. Try engaging yourself in anything that lasts longer than 20 minutes and gets your mind off the craving. Walking, emailing, calling a friend, or taking a shower are simple ways to avoid a craving. If you still want that craving, have it! It's better to have a slice of pizza than to let the craving spiral into consuming the whole pizza.

Take control

Now that you have an idea about what induces a craving, you can begin recognizing what causes your craving, outwit your craving until it passes, or give your body a healthy alternative to fatty food.

Ask yourself these questions to determine hunger vs. craving:

- When did I eat last? Was it more than 4 hours? If no, then it's a craving.
- What did you eat last? Did it combine a carbohydrate with a protein (ex. Salad with chicken, stir fry with meat or tofu)? If yes, then it's a craving.
- Did you eat enough to be satisfied (not full)? Stopping before you are satisfied will leave you wanting "something". However, eating until Thanksgiving-full will leave you bummed. Find your balance. You are the only one who knows your body.
- Did you eat something that you liked? If you are eating for your "diet," chances are you are not liking it, and you're ultimately setting yourself up for a craving binge.

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Survivor Series: Samantha Bourque

Contributed by Colleges Against Cancer

What type of cancer were you diagnosed with?

I was diagnosed with clear cell sarcoma. It is a very rare form of sarcoma, while sarcoma is also the rarest type of cancer to be diagnosed with. To make it even more complicated, I am one of three people in the world to have clear cell sarcoma that entered into a bone. Clear cell sarcoma is supposed to occupy only muscles and tissues and becomes exponentially more difficult to deal with if it moves into a bone. People always told me I was special but I never realized I was that unique.

When were you diagnosed? At what age?

19, the summer after my first year in college here at Bryant.

What was your initial reaction to your diagnosis?

My first reaction when I started to realize cancer was a possibility was, "Things like this don't happen to young, healthy, obedient, smart, kids like me." Then my reaction when they confirmed it was cancer was, "Okay, what do I have to do to get this out of me?" I have always been a big crier and I remember saying to a friend at last year's Relay for Life, "If my doctor told me I had cancer I would bawl my eyes out forever."

But the day I heard the news, crying was the last thing from my mind.

This doctor had seen me cry over getting shots but I didn't cry because of the cancer diagnosis until I was physically in pain. I was amazed by my strength and by my family's strength when faced with such a life-altering diagnosis. Even family members say, "I could never make it through what you have gone through," and I just tell them, "You don't think you can do it until you are put in the thick of it and have to get through it to save a life." Not getting through it was not an option for me.

Did you know of a family history of this particular type of cancer, or cancer in general?

I knew my grandparents had on and off battles with little melanomas but I figured that was from the sun and never thought of it as hereditary. Thankfully, my cancer is not hereditary so I will not pass the possibility to my kids but it still is scary to think about. All the cancer in my family has been environmental, from either smoking or sunbathing, so I never thought I had a chance to get it.

What was your biggest challenge in overcoming this disease?

As I am writing these answers I am still 100% dependent on my "blinded-out-crutch." While becoming cancer free I had to have a surgery on what resembled a broken femur (the hardest bone to heal after being broken). Eight months after my surgery I very recently was told I will be able to wean off of it soon but it will still take a cou-

ple of months to walk without my crutch and without a limp. At one point my doctor told me I was going to limp for the rest of my life. I will not accept that, so I am working extremely hard to prove him wrong. Having just gone to Florida over spring break, it is also hard to wear clothes that expose my scar. I know I shouldn't be ashamed of what happened to me or what my leg looks like now but it still is hard to know people could be judging me by the scar down my leg. Hopefully within years to come, I will be able to embrace my scar and not be ashamed to show it off like my own battle wound.

What do you enjoy most about life now?

I honestly can't say I enjoy life any more now than I did before I was diagnosed with cancer. I always appreciated my family and friends, and it makes me happy that I can say I loved my life before I realized how blessed I was.

How did the diagnosis affect your family and friends?

My family has always been close so I was not surprised at all by the support I got from them, but the effect it had on my friends never ceases to amaze me. I never thought I had a lot of friends. I knew I had a good amount of close friends but I never thought I'd be visited by people every day of the week for about four months straight. I have always said the best part about getting cancer was the reuniting of my

old friends that I lost contact with over the years. I had a couple of very good friends in high school, and for one reason or another we had stopped talking, hanging out, and seeing each other, but once they heard about my diagnosis they were right by my side. Now sadly, I also had some friends who couldn't handle what happened to me and have stopped talking to me since. I don't take it personally I just realize this is my way of weeding through the bad seeds to connect to my true best friends who will be with me for a long time, hopefully the rest of my life.

Do you have any hobbies?

I used to play competitive softball, but I didn't know that it was going to end after high school. Now I know that I will never be able to play, not because of choice but because of injury and the possibility for injury. I could pout about that but I chose to go in a different direction. I have always enjoyed biking and always wanted to do the Pan MASS challenge. I never knew why I was so drawn to that bike race and now I know. I am not able to ride a bike yet due to my condition but I was asked one day at Dana Farber to be a partner of a team. The team that is dedicating their ride to me includes the doctor who actually removed my cancer. I am so excited to be a part of the race without actually riding. I plan on training as soon as I can and hopefully raising the \$5,000 it takes to be a part of such an amazing foundation.

No more waiting for online wait listing

By Susan McLacken
Registrar

Bryant University is implementing a much needed new wait list system for Fall 2011 registration. This new electronic wait list system will make registration and schedule adjustments more convenient and equitable for all students. For students, the new wait list process eliminates the need to watch the schedule of classes for an opening in a class section.

In the past semesters, students would have to contact faculty to place their name on a wait list once a class closed, but if a registered student dropped the course online, anyone could register for that seat. Now that we are moving to an electronic wait list, students can wait list on specific sections on a first-come, first-serve basis. Students will no longer have to continuously check the status of the class, because if they have a spot on the wait list, when a seat becomes available for them, they will be automatically notified through their Bryant e-mail.

With the new process, once a class has reached its maximum enrollment, any eligible student who attempts to add the class has the opportunity to request a place on the wait list. To be eligible to be placed on a wait list, students must have completed all prerequisites for the course. The wait list is easy to use. Students follow the normal registration process on the web via their Banner account.

Once a class fills, students will receive an error message stating that the class is full and asking if they want to be placed on the wait list. There is now an additional field on the pull-down menu called "Wait List." Students wishing

to wait list for the filled section just need to choose this option and submit the changes. When a student is added to the wait list he/she is assigned the next available position number. The first person on the wait list will be the first person notified when a currently registered student drops the course. All wait listed courses as well as the student's position on the wait list will appear on the student's detail schedule for that term, and faculty can view the list of wait listed students through their Banner account.

Students can wait list throughout their two-day registration period. As currently enrolled students drop the class, wait listed students are notified via their Bryant e-mail account. The notification process runs every 30 seconds. Students will have 48 hours to add into a course from the time the notification e-mail is sent. If the student does not add the course during that 48 hour time period, they are automatically dropped from the wait list and the next person in line is notified.

The actual notification process will not begin until all students are able to web register on Banner.

For the Fall 2011 semester, the notification process will begin on Thursday, April 21 when all students are allowed back on the web to make schedule changes. The most

important item for students to remember when utilizing the wait list feature is to check your Bryant e-mail every day, otherwise, the notification of the seat opening could be missed.

The total number of students allowed on a wait list is limited and depends on the size of the section. The maximum number of students on any wait list is 15. Not all course sections will have wait lists at the time of registration.

Courses without a waitlist include: all freshmen level courses and 200 level courses in the following departments: history, political science, psychology, sociology, literary and cultural studies, science and science labs as well as modern language courses and labs. Once the entire student body has registered including incoming freshmen, wait list seats may be added to these classes.

With the new system it will no longer be necessary for students to track down professors to be added to a wait list. However, students needing a course that might delay their graduation should still work with department chairs on ensuring that they register for the courses they

need to graduate. Students should also only wait list for courses that they really want or need to take. Once their schedule is set for the semester, they should remove themselves from wait lists for courses that they no longer are interested in taking so that other students that have a need can get into the course or get on the wait list.

Along with the new wait listing process, we will also be implementing changes to the add/drop process during the first two weeks of the semester. Students will be allowed to drop courses online through Banner web for the two weeks.

This will eliminate students scrambling around the campus for instructor signatures in order to drop a class. However, in order to keep the wait lists intact, students will need to get instructor signatures for adding classes during the first week of the semester. More information and a list of frequently asked questions for students and faculty on the new wait list process, as well as the add/drop process changes are available on the Registrar's website at www.bryant.edu/registrar.

Cove Club

Continued from page 1

said Waterman, to help put an end to these ongoing crimes. Corey claims that another "goal" is to actually go to Japan someday to be an activist in the area where the massacres occur, and to raise awareness in Japan about what is going on.

Even though the Cove Club has yet to be fully finished with the process of becoming a club, there are still plenty of ways to be involved with the organization and keep up-to-date with what's happening in Taiji. First of all, Corey encourages students to "watch the film The Cove" on their own and see the pure, blue ocean water become a vast sea of red dolphin blood, and hear the screams and squeals of the trapped, terrified dolphins for themselves.

Perhaps the most shocking piece of the massacres is the fact that the Japanese government frequently issues permits for this brutal activity. Another way to show support for the Cove Club is to sign the petition through Save Japan Dolphins which demands to halt these permits and end the sale of poisoned dolphin meat. Join the ranks of Jennifer Aniston, Hayden Pannettiere, Jason Mraz, and several other celebrities fighting against the Cove massacres. To sign the petition, log on to savejapandolphins.org.

Bryant University will definitely benefit from this new organization, since there isn't a club which focuses specifically on animal rights and ecological issues. As the Cove Club gains popularity on campus, the group hopes to bring in more and more marine life issues to the light and continue to inspire students and faculty to defend the dolphins in Taiji.

Be sure to look for future Cove Club events and their much-anticipated first meeting in the 2011-2012 academic year!

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The sweet symphonies of softball season

By: Tom Hansen
Sports Editor

The smell of fresh cut grass, the warm feeling of sunshine on your face, the familiar chorus of birds chirping outside of your window, and the delightful feeling of stuffing that winter jacket in your closet knowing you will not be needing it for quite some time. To many of us these are the sights and sounds of spring time, but for some, these sensations mean something far more important.

For some, this is the time of year that means the most, the time where notions of being studious are temporarily thrown aside for the thirst for competition. When young men and women trade in their pencil and books for bats and gloves in anticipation of one of Bryant's most anticipated events of the year.

The phenomenon that I am speaking of, of course, is Co-Ed Softball.

Being one of Bryant's most beloved Intramural options, Softball has widespread appeal and endless amounts of fun. Taking the rules alone under consideration, Softball is easily one of the more appetizing Intramural offerings for those of us who are less coordinated than oth-

ers (not that there is anything wrong with that).

However, even under this rule alone there is also incentive for weekend warriors and former dirt-diamond all-stars to step up to the plate to see how far one can get the big yellow ball to fly. Unlike other sports offered at the Intramural level on campus students can choose whether or not they really want to hustle around the base paths (much to the chagrin of their teammates) (sorry, guys).

But if the rules are not enough to get you hooked on Bryant's spring time Intramural spectacle, then the attitude of the sport might do it.

Unlike the fever-pitched fervor of the gridiron or the tough-nosed tenacity on the hardwood, Softball offers us Intramural athletes a chance to kick back, relax, and enjoy the sweet sunshine of Spring time. Bench players have been known to lay out and work on their tans while casu-

'Seldom seen is a late inning tie ball game where both teams are not on their feet, pulling together for one another and waiting on that big RBI double into the gap or a game-ending diving catch.'

ally cheering their teammates on behind their dark sunglasses and ball caps.

This along with the occasional banter on both an



Seniors typically leave their cleats behind at the end of the Softball season, what will you leave behind this year?(MCTCampus)

inner and inter-squad level should be all you need to put a smile on your face and some fond memories in your head.

On the other hand, while playing the game is certainly relaxing, it is far from a day at the beach. Seldom seen is a late inning tie ball game where both teams are not on their feet, pulling together for one another and waiting on that big RBI double into the gap or a game-ending diving catch.

While softball's format is relaxed there is no shortage of a competitive streak in every team, especially when it comes down to the playoffs. Much like all the other offerings here on campus when the season is on the line tensions run high, adrenaline runs strong, and passion runs deep as teams compete for pride, glory, and some really cool looking t-shirts that proclaim who brought home the bacon in this year's intramural softball showdown.

Having said all of this I am proud to announce that games for the 2011 Bryant In-

tramural Softball season commence on Sunday, March 27th. It is sure to be a fun-filled spring of Softball jubilee and sweet sunshine and I hope this fair campus is as excited as I am for the games to come.

So if you are looking to get involved here on campus, make a few friends, have a few laughs, and maybe even hit the bases loaded big fly to give your team the W, then I cordially invite you to sign your team up with Bryant Intramurals, and let's play ball.

Looking to bolster up that resume of yours for your summer job search?

Like to showcase your talents in a place the whole school can see?

Well then, you are in luck!

Archway Sports is looking for writers like YOU!

Come to meetings every Monday @ 4:30 in Room 2 A/B of the Bryant Center

Go Bulldogs!

Bryant University Intramural Athlete of the Week Winter MVP Award:

Tom Nelan



Sport: Basketball

Throughout the winter season, Tom has shown a myriad of reasons why he is deserving of this season's MVP award. Playing in both the A and B divisions, Tom has provided his team with size, strength, and athletic ability in the post with the ability to step away from the basket and make shots out on the perimeter. His scoring is matched with his defensive prowess and rebounding ability which he showcased throughout the season. It is this versatility that earned him the Winter BUIATOW MVP award and we here at Archway Sports wish him the best of luck the remainder of his senior year and in his endeavors beyond Bryant.

Know an athlete that you want to nominate for the B.U.I.A.O.T.W.? Send all nominations and comments to archway@bryant.edu

Bulldogs snap losing skid with big 13-6 win over intrastate rival Providence College Tuesday at home

Courtesy of
Bryantbulldogs.com

Nine different Bulldogs recorded goals and 12 recorded at least one point as the Bryant University men's lacrosse team snapped a four-game losing streak in a big way Tuesday night, taking a commanding 13-6 win over intrastate rival Providence College at the Bryant Turf Complex.

Freshman Dan Sipperly (Greenwich, N.Y.) scored his first-career hat trick for a game high, while senior Evan Roberts (West Cornwall, Vt.) added two goals and two assists for a contest-best four points. Roberts was one of three Bulldogs (3-4) with multi-goal games and one of six with multi-point outings, as Travis Harrington (Vestal, N.Y.) also chipped in a pair of tallies on the night.

The Bulldogs started out with a hot hand and never looked back, scoring goals on their first three shots of the game to take an early 3-0 lead over the Friars (2-4) just 2:08 into the contest.

"I was very impressed with our start today," said Bryant head coach Mike Pressler. "That is what we've been looking for in our last four games, and to get out of the box up 3-0 in the first two or three minutes got the momentum going our way and we carried it through the whole

game."

Sophomore Ben Sternberg (North Kingston, R.I.) netted his first of the year after Trever Sipperly (Greenwich, N.Y.) won the opening faceoff and sent the rookie a great feed out front at the 14:47 mark. Roberts and the elder Sipperly would follow with

dogs' margin to 6-0 before Providence finally made it onto the board with a Steve Lydon score at the 3:42 mark. But Bryant would respond soon after, with Dan Sipperly and Harrington adding back-to-back tallies to take an 8-1 advantage into the halftime break.



The Bulldogs got back on track Tuesday with a big win over rival Providence College (Bryantbulldogs)

goals of their own over the next two minutes, but after a quick start, the scoring would cease for the remainder of the frame.

The younger Sipperly would pick up Bryant's hot streak just 66 seconds into the second period, scoring his first of the night, assisted by Harrington, and Harrington himself would make it 5-0 in favor of the home team with 9:06 on the clock.

Rob Maiorano (Easton, Conn.) would move the Bull-

dogs' margin to 6-0 before Providence finally made it onto the board with a Steve Lydon score at the 3:42 mark. But Bryant would respond soon after, with Dan Sipperly and Harrington adding back-to-back tallies to take an 8-1 advantage into the halftime break.

But that was as close as PC would ever get despite finishing with four fourth-period goals, as the Black and Gold matched their opponent's ef-

forts with four of their own in the closing 15 minutes for the 13-6 final.

"At the end of the day, it was a game we just had to have," said Pressler. "And it was a game that we had to play well offensively, without question. So scoring 13 goals against a very talented Providence team was a very good night for the Bulldogs."

The fourth frame, the highest scoring of the night with a combined eight scores, featured the first goals of 2011 for Bryant senior Chase Hayes (Greensboro, N.C.), who took a pass from JK Poirier (Coatesville, Pa.) for a doorstep shot to record Bryant's final tally, and PC's Andrew Bromley.

On the day, Bryant outshot its opponent, 33-16, including a 13-4 margin in the second quarter. Bryant won nearly every battle on the field, outplaying the Friars for ground balls, 41-26, faceoffs, 15-6, and extra man tallies, 2-0. Bryant went 2-for-5 with the man advantage while visiting Providence was scoreless in six opportunities.

"Coach [Casey] Brodersen does a great job with the man down defense," said Pressler. "We were very aggressive today and took some penalties early, which was disappointing. But with those extra man opportunities, Providence really had a chance to get back in the game, so for our man down defense to

hold them out was impressive."

The Bulldogs won 15-of-21 faceoffs on the night, led by a 12-for-17 effort from Trever Sipperly. Both Sipperly and Roberts picked up a game-best five ground balls, while Bletzer, Mason Poli (Downingtown, Pa.) and Jameson Love (Darien, Conn.) each caused two turnovers (12 total as a team).

"Trever was outstanding at the faceoff X and had a big goal at the beginning, and Dan has his first career hat trick – and we felt he probably could have had a few more," said Pressler. "The Sipperly brothers certainly rose to the occasion tonight."

Bryant failed to complete just three clears (16-19) but prevented the Friars from seven (14-of-21). A trio of PC goalies put up 12 saves in the affair, led by 11 from starter Chris Dzwilewski, while Love needed to make just three stops to get the win.

But now, Bryant must turn around and face arguably the toughest opponent on its schedule in a short week, as the team gets set to take on No. 10/12 Stony Brook on the road Saturday afternoon.

"We are excited to head to Long Island and play arguably the best opponent on the schedule," said Pressler. "Coming up on a short week, this is a very exciting and very difficult trip, so it's a big game for the Bulldogs."

Bryant drops heartbreaker against Providence, 5-4

Courtesy of
Bryantbulldogs.com

Senior third baseman Regina Burdo (Wayne, Pa.) punched a RBI single up the middle of the diamond in the top of the sixth to tie the score, 4-4, but that is as close as the Bryant University softball team would get, as the Bulldogs dropped a 5-4 decision to Providence College Wednesday afternoon in Providence, R.I.

With snow flurries falling on the diamond all afternoon, the Bulldogs (5-11) would battle back in the cold to even the score in the sixth inning after being down by two runs, but could not convert on the late opportunities, snapping the team's three-game winning streak.

Both Bryant and Providence (8-15) recorded six hits, respectively, but the visiting Bulldogs left seven runners on base compared to just four for the Friars.

The Bryant lineup came out strong from the start, as the team sprayed the ball all over the field in the top of the first frame. Lauren Guy (La Habra, Calif.) reached base on a catcher interference call and advanced to third after Aubrey Mable (Aurora, Colo.) hit a frozen rope to right field to put runners on the corners with just one out.

Kendall Corder (Carmichael, Calif.) would then step up to the plate and lay down a textbook squeeze

bunt, bringing home the runner and moving Mable over to third. Freshman first baseman Amy Weinberg (Pleasant Valley, N.Y.) would drive home Mable on a single, giving the Bulldogs and starting pitcher Samantha Houseal (Mount Joy, Pa.) an early 2-0 lead.

The Friars would respond with the long ball, as Jessie Bryant belted a two-run homer over the wall in center field to tie things at the end of the first, 2-2.

Providence would record back-to-back homers to lead off the third inning to put the hosts up 4-2 while Friar's pitcher Corinne Clauss retired the side over the next three innings to keep the lead at two entering the fifth frame.

Junior Laura Bowen (Hudson, Mass.) finally broke through for the Black and Gold in the top half of the fifth with a solo shot over the right field fence, cutting the lead to 4-3. Bowen's homer was her third of the season, as the Massachusetts native now has two home runs in the last three outings.

Weinberg would come up in the clutch once again for Bryant in the top of the sixth, as the New York native hit a bouncing grounder off the second baseman's glove and into the outfield to reach first. With Corder already at second and Weinberg on base, Kate Murray (Fitchburg, Mass.) laid down a sacrifice bunt that allowed both run-

ners to advance. With two on and one out, Burdo sent a pitch back up the middle through the gap, bringing home Corder, to even up the score, 4-4.

In the bottom half of the frame, Providence was awarded a base runner on an illegal pitch, and that's all the Friars needed as Stephanie Kiesel belted a RBI double to centerfield for the 5-4 lead.

Bryant would attempt one last rally in the final inning, with Mable hitting a two-out double to left centerfield. Mable would eventually move her way over to third on a passed ball and Corder would reach base on walks, but the Friars were able to close the door on the inning and hold on for the 5-4 victory.

Houseal would go 6.0 innings in the circle, allowing just six hits and five runs against 27 batters. The Pennsylvania native struck out three and issued just four walks in the afternoon.

The Bulldogs return to action Thursday, March 24 for the 2011 home opener against Harvard University. First pitch of the doubleheader is scheduled for 3 p.m. and fans can follow live stats at www.bryantbulldogs.com and watch every minute of action at www.bryantbulldogs.tv

Best of luck to the Men's Lacrosse team on Saturday when they travel to New York to take on Stony Brook! Go Bulldogs!

Bryant On Tap

Baseball

Friday March 25- Home vs. Monmouth 3 PM
Saturday, March 26- Doubleheader vs. Monmouth 1 & 3 PM
Sunday, March 27- Home vs Monmouth 1 PM
Tuesday, March 29- Home vs. Marist 3:30 PM

Men's Lacrosse

Saturday, March 26- @ Stony Brook 1 PM

Women's Lacrosse

Friday, March 25 Home vs Mount St. Mary's
Sunday, March 27- Home vs. Monmouth

Softball

Saturday, March 26- Doubleheader vs. St Francis 12 & 2 PM
Sunday, March 27- Doubleheader vs. Wagner 12 & 2 PM
Tuesday, March 29- Doubleheader vs. Albany 3 & 5 PM

Archway readers can now find a trivia question somewhere in the sports section! The Archway fan who calls in the correct answer to the 'Archway on Air' radio show, Thursdays at 6 pm, on WMJF 88.7, will win a gift card!

TRIVIA QUESTION:

What is the most frequently used type of golf ball on the PGA Tour?

English walk-off lifts Bulldogs past Fairfield

Courtesy of
Bryantbulldogs.com

With one out and the score knotted up at two runs apiece in the bottom of the ninth, senior Jordan English (Wind-sor Locks, Conn.) stepped up to the plate and delivered a walk-off double to left center, lifting the Bryant University baseball team past Fairfield, 3-2, Wednesday afternoon in the 2011 home-opener at the Bryant Baseball Complex.

Bryant (7-10, 1-3 NEC) outthit Fairfield (6-9), by a margin of 7 to 11, and was paced offensively by English who went 2-for-4 at the plate and drove in a pair of runs while Jamie Skagerlind (Holden, Mass.) and Daniel St. George (Shelton, Conn.) also contributed with multi-hit games.

Senior Mark Andrews (Hillsborough, Mass.) was impressive out of the bullpen for the home side, working 1.2 innings of relief to keep the Stags at bay and pick up his second win of the season. Re-

liever Kyle Capaldo took the loss for the visitors, allowing one earned run in 1.0 inning of relief.

Both teams were slow out of the gate until the Stags touched up Bryant starter Brian O'Neil (North Reading, Mass.) for a pair of runs in the

game with a pair of runs in the bottom of the seventh, starting with a leadoff walk by Skagerlind and a single to left by St. George, putting two runners on with no outs. After a fielder's choice kept runners at first and second, English singled down the left field

line to drive in a run and trim the lead to one, 2-1. Kevin Brown (Northborough, Mass.) followed with an RBI double to right field to tie up the score, 2-2.

Senior Tim Norton (Barnstable, Mass.) set the table for Bryant's big ninth inning with a leadoff double to left field, paving the way

for English's walk-off heroics in the team's home-opening 3-2 victory.

The Black and Gold look to continue their winning ways on Friday, March 25 for the first of a four-game set against Northeast Conference foe, Monmouth. First pitch is set for 3:00 p.m. at the Bryant Baseball Complex.

top of the fifth. After Ryan Plourde reached base on an error and advanced to second on the throw, Chris Horning followed with an RBI single down the left field line to pick up the first run of the contest. Ryan Furbeck then drove in Horning with an RBI double to right to give the visitors the 2-0 advantage.

The Bulldogs would tie up



Jordan English brings home the bacon with his walk-off double in the bottom of the ninth (BryantBulldogs)

Bulldogs surge but fall short, 11-8

Courtesy of
Bryantbulldogs.com

The Bryant University women's lacrosse team scored six second-half goals and pulled within one late in the closing frame, but the effort would not be enough as the Bulldogs fell on the road at Holy Cross, 11-8, Tuesday afternoon.

Rookie Katherine Keckeisen (Danbury, Conn.) and junior captain Lauren Sheridan (Bethpage, N.Y.) each scored twice for the Bulldogs (1-6), but the biggest story of the game was the play of junior goalie Lauren Filippone (West Babylon, N.Y.), whose 21-save performance set not just a new career high, but a new program record.

The junior captain made 12 stops in the opening half and held Holy Cross (3-7) to just four second-frame goals in the record-setting display, picking up a trio of ground balls as well as the netminder faced 47 Crusader shots, 32 of them on goal.

Holy Cross jumped out to a 3-0 lead midway through the opening period before Keckeisen put the Bulldogs on the board with a free position goal at the 15:42 mark. The home side would go on to score four more, though, while Bryant would add just one, an unassisted tally from Haley Bloom (Hauppauge,



Despite coming up short Lauren Filippone has put forth a stellar season thus far for the Bulldogs (BryantBulldogs)

N.Y.), before the break.

Coming out of halftime with a 7-2 deficit, the Bulldogs hit the gas and didn't let up in the second session, with Sheridan and Keckeisen combining for three goals in the first five minutes to cut the home side's lead to just 7-5.

Caitie Shea would give the Crusaders a three-score cushion moments later, but Bryant responded with two more of its own – one from Antoinette Lombardi (Wallingford, Conn.) and another from Kimberley Sniffen (Redding, Conn.) – to pull within one, 8-7, with 16:02 to play.

But from there, the Holy Cross defense would kick into

gear, holding Bryant to just one more tally, a Madeleine Pickett (Stratham, N.H.) score at the 6:39 mark, while the home team scored three times for the 11-8 final.

The Crusaders picked up 29 ground balls to Bryant's 14 and outshot their foes, 47-19. Holy Cross won 13 of the 20 draw controls but went just 1-for-13 on free position shots, a category in which the Bulldogs went an impressive 4-for-6.

Bryant will open up Northeast Conference action next time out, taking on Mount St. Mary's Friday at 3 p.m. at the Bryant Turf Complex.

Top 10 ...

By Jackie Ammirato
Assistant Editor-in-Chief

...Greatest Fictional Athletes

10. Henry Rowengartner – Rookie of the Year

At the beginning of the movie, Henry was just a twelve year old Little Leaguer with dreams of playing in the majors. Then, he breaks his arm and his tendons heal a little too tight. In celebration for getting his cast off, Henry and his friend go to a Cubs game. When they catch a home-run ball in the outfield bleachers, Henry throws the ball all the way to the catcher standing at home plate.

9. Benny Rodriguez – Sandlot

Benny was the king of the Sandlot. He once managed to hit a baseball so hard the cover came off which is justification enough to make this list. He also used his unparalleled speed to recover the baseball hit into the yard behind the field while being chased by the Beast. At the end of the movie, it flashes forward thirty years and shows that Benny has become a star player for the LA Dodgers.

8. Lola Bunny – Space Jam

After a lot of petitioning from my friends, I came to the realization that Space Jam features several great athletes who were right on the verge of making this list. The film marked Lola's first appearance as part of the Looney Tunes gang.

7. Roy McAvoy – Tin Cup

She is one of the leading scorers in the game allowing the Looney Tunes to beat the Monstars. Roy starts the movie as a former golf prodigy working on a driving range in the middle of nowhere. Roy decides to try to qualify for the US Open. In the final round, in a three way tie for first, McAvoy decides to try to clear a pond and go for the green. As has happened during each of the previous three rounds, he knocks it into the pond., repeatedly. Finally, using the final ball in his bag, McAvoy clears the pond and the ball rolls into the hole, for a 12.

6. Rod Tidwell – Jerry Maguire

Tidwell, a wide receiver for the Arizona Cardinals is the only athlete with the guts to keep Jerry Maguire as his agent after Jerry gets fired. Tidwell questions Jerry's dedication in the legendary "Show me the money!" scene. Tidwell appears to sustain a serious injury in making a spectacular catch but eventually signals to the crowd that he is okay which results in the crowd going wild.

5. Happy Gilmore – Happy Gilmore

A former hockey player who becomes a golfer who can drive the ball four hundred yards...perfect fictional athlete. Happy even successfully wrestles the alligator who took his coach's hand. With the PGA Tour Championship on the line, Happy hits a putt over and through a TV tower to secure the gold jacket and win back his Grandmother's house.

4. Jesus Shuttlesworth – He Got Game

He Got Game is a 1998 sports drama written and directed by Spike Lee starring Denzel Washington and Ray Allen as Jesus Shuttlesworth. Jesus is a prominent high school basketball player out of Brooklyn, New York. His amazing play in high school has him attracting attention from big schools across the country. Jesus' father is released from prison by the governor on the condition he can convince Jesus to attend the governor's alma mater. Being the top recruit in the country while having to raise your little sister because your father is in jail for killing your mother makes Jesus Shuttlesworth one of the top fictional athletes.

3. Rick Vaughn – Major League

"Wild thing! You make my heart sing!" Having an entrance like that is enough to get Rick Vaughn on this list. Once he was given those infamous glasses Vaughn was able to get his 100 mph fastball under control and lead the Indians to greatness. It is reported that at the time of filming, Charlie Sheen himself could actually throw an 85 mph fastball.

2. Forrest Gump – Forrest Gump

Forrest Gump's superior athletic ability allows him to get a football scholarship to the University of Alabama despite his less than stellar IQ. At Alabama, his lightening speed as a punt returner led to first team All-American honors. Forrest then goes on to become a world class ping pong player, joining the US Army team and competing against the Chinese National Team. He takes money earned from endorsing ping pong paddles to buy a shrimp boat and spends time as a fisherman. Gump's ability to excel as a three sport athlete puts him near the top of this list.

1. Rocky Balboa – The Rocky Series (I-VI)

Some of the athletes on this list were good enough to inspire sequels. Rocky Balboa's athletic prowess was so great that six movies released over a thirty year period were needed to tell his story. Rocky, a grade school dropout, who in fact could barely read, overcame insurmountable odds to become the World Heavyweight Champion, twice. In Rocky IV, Rocky took down Russian superstar Ivan Drago, winning over the Soviet crowd and effectively ending the Cold War in the process. In his professional career, Balboa competed in 81 fights coming out victorious in 57, making him easily the greatest fictional athlete of all-time.

STUDENTS. SPEAK. OUT.

"What do you
think the best
campus resource
is and why?"



"Connie Cabello because
she's helpful with all of
your student involvement
needs!"

-Katie Colton '12
and
Jeanette Ferraro '13



"Residence Life because
the RA's are a great source
of information."

-Coburn Childs '12



"ACE because of the
helpful tutors."

-Dennis Cetinkaya '14

"The Amica Center because
others schools I know do not
have the resources to get in-
ternships and later on jobs."

-Donald Mendenhall '13



"ACE because it's
so easy to get
help at the last
minute with the
labs and the con-
venient hours of
operation."

-Molly Desroches '12



To be featured,
be in South
at 7pm on
Wednesdays!

"Chris Macksy
because he
knows every-
thing and so
many people."

-Grace Cuning
'13



"Casey Mulcare because he is
my academic advisor."

-Ashley Todd '13

"The Amica Center because of
the career fairs and the re-
sume workshops."

-Edward Roston '14



"ACE because they
have a variety of
subjects that they
can help us with."

-Paige Stewart '13



"ACE because the people in
there are really helpful, and its
quiet so I can get my work
done."

-Terence Morrissey '14

As bookstores close e-readers fly off shelves

By Allison Salzberg
Public Relations Manager

It's no secret that bookstores across the world are suffering because of the latest e-books and e-readers that have been released. E-readers such as Amazon's Kindle and Barnes & Noble's Nook have taken the reading of literature to a new level. Not only are they lighter and thinner than a regular book, but also they give people the opportunity to have hundreds of books on one small device.

E-books are the fastest growing segment of the book-publishing business. These advancements in technology are improving the new way of reading books, but they are hurting the old way.

In February, the second largest book retailer, Borders, announced that they were filing for Chapter 11 bankruptcy because they could not afford to keep all of their stores open. Borders is closing about 30% of its stores, which will be about 200 of its 642 stores. Although the book company is just now filing for bankruptcy, they have been struggling to keep stores open for the past 6 years due to the tough competition from online book sales and e-readers.

A guide to e-readers

There's a device for just about any book lover

	Apple iPad	Amazon Kindle 2	Amazon Kindle DX	Barnes & Noble Nook	Sony Reader Daily Edition	Sony Reader Touch	Sony Reader Pocket
Initial cost	\$169 (Wi-Fi) \$249 (3G+Wi-Fi)	\$259	\$499	\$259	\$379	\$299	\$199
Size	9.5 in. x 7.5 in. x 0.5 in. (24 cm x 19 cm x 1.3 cm)	6.0 in. x 3.5 in. x 0.3 in. (15 cm x 9 cm x 0.8 cm)	10.9 in. x 7.3 in. x 0.3 in. (28 cm x 18 cm x 0.8 cm)	6.7 in. x 4.9 in. x 0.3 in. (17 cm x 12 cm x 0.8 cm)	6.1 in. x 3.9 in. x 0.3 in. (15 cm x 10 cm x 0.8 cm)	6.0 in. x 3.9 in. x 0.3 in. (15 cm x 10 cm x 0.8 cm)	5.0 in. x 3.0 in. x 0.3 in. (13 cm x 7 cm x 0.8 cm)
Display size	9.7 in. (24.8 cm)	6.0 in. (15.2 cm)	9.7 in. (24.8 cm)	6.0 in. (15.2 cm)	7.1 in. (18.0 cm)	6.0 in. (15.2 cm)	5.0 in. (12.7 cm)
Weight	Wi-Fi: 1.3 lb. (588 g) 3G+Wi-Fi: 1.5 lb. (675 g)	15.2 oz. (428 g)	16.3 oz. (463 g)	12 oz. (340 g)	11.7 oz. (332 g)	11.5 oz. (325 g)	7.1 oz. (200 g)
Battery life from full charge	10 hours of typical use	14 days of typical use without Wi-Fi; 7 with Wi-Fi enabled	14 days of typical use without Wi-Fi; 7 with Wi-Fi enabled	10 days of typical use without Wi-Fi; 2 with Wi-Fi enabled	14 days of typical use	14 days of typical use	14 days of typical use
Storage	16 GB, 32 GB, 64 GB	2 GB	4 GB	2 GB	2 GB	2 GB	16 MB
Touchscreen or keyboard	Touchscreen	Keys	Keys	Touch	Touch	Touch	Manual navigation
Availability	April 3	Now	Now	Now	Now	Now	Now
Resolution	1024 x 768	600 x 600	1200 x 824	600 x 800	600 x 800	600 x 800	600 x 800
Recurring costs	Cost of downloaded content: Unlimited data use \$20/mo. (250 MB monthly data use: \$14.99/mo.)	Cost of downloaded content: 90¢/title to buy	Cost of downloaded content: 90¢/title to buy	Cost of downloaded content: Free content; others for 14 days when downloaded (25¢/month if free)	Cost of downloaded content: 25¢/title to buy	Cost of downloaded content: 25¢/title to buy	Cost of downloaded content: 25¢/title to buy
Best for	Multimedia users	High-volume readers	High-volume readers	Social book readers	News junkies	Quick, on-the-go	Budget-minded casual readers

Borders is not the only bookstore counting its losses. Barnes and Noble, which is the largest bookstore chain in the United States, had a net loss of \$63 million for their third quarter in 2010. With e-books being one of the main reasons for this loss, Barnes and Noble focused on selling their Nook, which has been paying off. Last year, the company reported that sales from their website (where you can purchase e-books for your Nook) were up 42 percent from 2009.

Many people believed that loyal book readers would stick to the paperbacks and hard covers because you can actually tell how far into the book you are and you physically have to turn the page. However, these e-readers have proven them wrong. Borders is now taking the hint and says they plan to start focusing on e-books and their online store.

Although Amazon won't release how many units they have sold, their Kindle is the most popular e-reader on the market today, with Barnes and Noble's Nook in second place. Their reign over bookstores will continue to grow as more and more people make the switch to electronic books.

AT&T, T-Mobile merger poses competition issues for feds

By The Dallas Morning News
MCT Campus

AT&T's surprise bid to buy rival T-Mobile for \$39 billion will test the theory that less is more.

If it passes federal antitrust scrutiny, as is likely, the marriage would leave a large percentage of wireless service contracts in the hands of AT&T and Verizon Wireless and reduce the number of major U.S. wireless companies from four to three. Even before this deal, AT&T and Verizon Wireless had grown bigger at the expense of smaller players like T-Mobile, which found a suitor in AT&T, and Sprint Nextel, which may be the next domino to fall.

No one begrudges the success and deep pockets AT&T dipped into to snare T-Mobile. The question for consumers and ultimately the Federal Communications Commission and Department of Justice is whether the wireless industry's continued consolidation over the past decade is in the best interest of competition, consumers and innovation.

The answer depends largely on your perch. For example, a merger of AT&T and T-Mobile probably would speed development of broadband services nationally, in part, by giving AT&T access to a wireless network that it otherwise would have taken years to build. That's good for AT&T and presumably for consumers, who, in general, are talking less, texting more and downloading greater amounts of data.

But consumers also would have one fewer major-company option for service, and cell-phone makers have one fewer U.S. wireless company to sell their phones. So does that heighten or reduce the competition among carriers for next great smartphone, and does it mean consumers have less power to vote with their feet? And exactly how does this proposed deal, coupled with the likelihood of other mergers, affect the FCC's ambitious policy to encourage nationwide mobile connectivity, innovation and new investment?

And that's why this merger proposal can't be viewed solely through the old-school measures of competitiveness. In the past few months, the FCC has dropped numerous hints that it doesn't believe wireless competition is as robust as it could be, particularly for messaging, broadband data services, spectrum, infrastructure, and new devices. AT&T notes that most major cities have at least five providers offering a variety of plans. However, others say the choices for high-speed mobile data services aren't nearly as healthy, even in major cities.

Developing faster and more affordable high-speed networks is to the digital age what railroads, highways, the telephone, and electricity were for past generations. Moreover, the ability to move data quickly and affordably is a competitive edge that ultimately translates into thousands of new jobs and more efficient commerce. Today, there are many elements that determine whether mergers are in the public interest. That's a new-age way of looking at competition and one that regulators would be wise to factor into their reviews.

Since the earthquake, the world's 9th largest economy is only forecasted to grow 1.1% in 2011 and is expected to suffer \$171-183 billion in economic damages.

Biz Snipz: the current happenings of the business world

By Royce Brunson
Business Editor

• **Economy Update:** Joblessness in the U.S., the world's largest economy, dropped to 8.9% in February from 9.8% in November. While the S&P 500 has gained 3.2% so far in 2011 (gained 13% in 2010 and gained 23% in 2009), it is still roughly 14% below where it was in 2007. On Friday, investing tycoon Warren Buffett publicly announced that he believed the American economy was "getting better month by month."

• **AT&T has finalized a \$39 billion deal to acquire T-Mobile USA.** This mega-acquisition is ground breaking news for the cellular service industry. AT&T acquired T-Mobile USA to broaden their reach for 4G and cut costs by eliminating redundancies. Once the acquisition is complete, AT&T will have 133.29 million subscribers while Verizon Wireless will have 94.1 million. These two carriers combine for 79% of the US market.

• **The buyout firm Leonard Green & Partners has expressed interest in buying out the wholesale store BJ's for \$2.4 billion.** BJ's, which is based out of Natick, Mass., has 187 stores in 15 states and has roughly \$100 million in cash with little debt.

• **Sony, Nissan, Honda, Toyota and Toshiba Corp have halted production at many of their Japanese plants due to both damages caused by the earthquake and lack of materials from other Japanese manufactures.** Nearly 40% of Japan's beer production has been halted.

• **Japan's government estimated the damage from this month's record earthquake and tsunami at as much as \$309 billion.** This amount of damage would be the equivalent to four times the damage imposed by Hurricane Katrina in 2005.

• **The national average price of gasoline fell to \$3.55 on Sunday, yet gasoline is still up over 73 cents from 2010.** As the situation in the Middle East stabilizes, it is expected that crude oil will continue to drop.

• **Research In Motion Ltd. Announced its BlackBerry PlayBook tablet will go on sales April 19th at Best Buy.** The PlayBook will compete directly with Apple's iPad and cost \$499 for 16GB, \$599 for a 32GB and \$699 for a 64 GB. Over 20,000 stores in the US and Canada will sell the PlayBook, including AT&T, Sprint Nextel Corp, and Verizon.

• **Sales of previously owned homes dropped 9.6% to a 4.88 million annual rate, the lowest level since April 2002.** Prices have also taken a hit, falling 5.2% from a year ago. However, Mark Vitner of Wells Fargo believes that the inventory of foreclosures will be cleared out in the second half of 2011.

Diversity education at Bryant and beyond

By Collin Heroux
Staff Writer

As a modern institution of education, Bryant University constantly seeks to be socially progressive. There are innumerable organizations dedicated to the specific purpose of promoting racial, sexual, and other forms of tolerance, each with its own set of goals and each with its methods for attaining said goals — many of which involve getting universities on board with their moral standards.

Any student who has experienced FFL at Bryant knows just how heavily diversity education is stressed here, with various groups such as the Multicultural Student Union and areas such as the Interfaith Center designed to both promote equality and give off the appearance of doing so to gain favor with observing organizations.

However, the purpose of this article is not to criticize and out the ulterior motives held by people who want to promote diversity and achieve financial gain. This article seeks to demonstrate the inherent flaws in teaching "diversity" as Bryant and many other institutions currently do, which ultimately gets nowhere and disinterests the group which it tries to affect in the highest magnitude.

Diversity education, as it stands now, focuses entirely on the wrong target: people who are likely to commit acts of intolerance against others. Whether this intolerance is a passive dislike or a hate crime/bias-related incident waiting to happen, Bryant and other schools take a direct approach and attempt to nip the problem of intolerance "in the bud", so to speak, which is the root of the lack of success in diversity programs thus far.

The ineffectiveness of present teaching methods is evident in that students who are comfortable in their racial and social identities — and their

prejudices as well — see no incentive to change. They seek no favor from special interest groups — they are people in their early years who have no interest in fixing a system they do not perceive to be broken. Black or white, straight or gay; each student will be able to find his or her racial and/or social niche if he or she so desires, and because of the comfort derived from said niche, no amount of education is going to convince a person to step out from his or her corner of the racial or social world.

What, then, is to be done about promoting tolerance if the people committing both passive and active prejudices cannot be educated — or even interested in the education necessary — to change? The logical solution is simple, yet almost universally ignored by "progressive" institutions which fail miserably at a skill known as "lateral thinking." Instead of trying to uproot the racial and social bigots who have a collective position of power, which they would never consider leaving, one must induce a change in the people who are likely to be affected by bigotry, and the specific course of action taken must render the bigoted seat of power utterly ineffective.

The philosophic revolution which must occur within minority groups operates under two main tenets. The first tenet is that one must not question one's own lifestyle. Provided one is dealing with groups of gays, lesbians, racial minorities, and other minorities who merely want equal social regard, this should be fairly easy to accomplish and justify, as opposed to trying to teach potential racists not to follow the path of least resistance.

The current "diversity" groups and/or FFL must be repurposed not to coddle minority groups or teach those not willing to be taught. One must address only the potential victims of intolerance and give them a sole message:

"You are above reproach." This levels the playing field with bigots, who already feel this way about their tendencies. If encouraged to be completely comfortable in his sexuality, a bigot has no weapon against him. Armor and sword, so to speak, are made of the same material, and neither can affect the other, and neither can affect the other. Thusly, half the battle is won.

The second half of the battle is fought by devaluing the attacker in the eyes of the vic-

"The Achilles heel of any bigoted belief system is that its survival is based on reactions. The moment minority groups stop fighting their opponents, they are free to step outside the cage and lock the door behind them"

tim. Minority groups get a backwards message when they themselves receive diversity "education;" some, if not many, develop a mild case of Stockholm Syndrome — sympathy for the torturer. A minority will often want to have his or her cake and eat it too; that is, he or she will want to both be accepted for who he or she is and still be able to accept everyone in return.

The simple fact is that this cannot happen. Bigotry is incurable when attacked directly, even with open arms. The best-case scenario is to abandon the circular logic found in the current war of attrition. Instead, one must make racists and other bigots suffer the greatest insult that can be known by one of two warring factions: being ignored.

Minorities at present, particularly those still inspired by the protests of Martin Luther King, Jr. and Malcolm X, are prone to a grand folly in the battle against bigotry — they fight back. Demonstra-

tion was necessary in the 1960's when it was the government itself which denied rights to minorities. Now, however, the enemy is much more benign, as it is merely the mindset of a relatively small group of individuals. The idea is not to fight back, but to obey the first tenet of complete self-confidence and follow with the second: the utter devaluation of the bigots of the world.

Minorities, and all people, for that matter, are free to choose how they view people. These oppressed groups must merely dispel the idea that all people are worthy of their love and appreciation, and come to the only realization which will give them permanent pause — that racists are not worth any second which they might be given. This is merely a corollary to the Golden Rule — those who do not treat a person well are not entitled to that person's kindness.

The Achilles heel of any bigoted belief system is that its survival is based on reactions. The moment minority groups stop fighting their opponents, they are free to step outside the cage and lock the door behind them, leaving their adversaries trapped inside. Social reformers will call for blood, as will the opponent in the cage, but the individual minority must ignore both malicious and well-meaning calls for reaction, vengeance, and objective justice. All such roads lead not to solutions, but the disguised perpetuation of the problem.

Minority groups need only to back away from a fight that only drains their energy and time with the promise of a reward or victory that cannot be accomplished by this means. Bigots are vampires; they can only subsist upon the sustenance given to them by others.

When denied of reactions and anger in this manner, will bigots all of a sudden recognize that they are wrong? Of

course not. Many of them, even college-age racists, might go on like they are until they die.

However, as they die off, they will not have received the reactionary sustenance it takes to reproduce more bigotry. Newer generations spawned by the racists of today will begin to see their parents' racial idols not as sparkling heralds of eternal racial victory, but as dull, lackluster columns of stone sitting in the minds of earlier generations for no good reason.

If minorities are confident in themselves and learn to simply ignore the ignorant, bigotry loses its appeal. When every minority is the capable steward of his or her individual and racial identity, without reliance on any support networks, then he or she becomes invincible to bigots, who will starve from lack of reaction. In this way, the only victory racists will be able to have is in their own head, which cannot sustain an ideology of such a visceral, physical nature. The victories of minorities are mental as well — but for them, it must be enough to be self-confident.

It is in this way, and with this mindset, that bigotry can be cut off from that which nourishes it. Attempting to love everyone has not worked. Attempting to teach the disinterested has not worked, and yet universities get funding to continue blindly and keep up appearances.

The method prescribed herein appeals to people who are actually invested in solving the problem of racism, and arguably deals the "just desserts" to people who seek dominance of others on unverifiable claims of racial superiority. There is no mercy for the racists herein — but there cannot be if the problem is ever to be conclusively, irrefutably solved.

Simon says: some random musings



By Toby Simon
Staff Writer

something of substance, I'm just going to share some random musings.

This week the Women's Center got named! We're now called the Gertrude Meth Hochberg Women's Center and it's official. Gertrude Hochberg was the first female VP at Bryant and a woman way way way ahead of her times. We're honored to have her name as our center.

In Westchester NY, some mean kids have started a nasty FB page in which they rate girls at their schools for their sexual prowess, attractiveness, and

Well this is my week to contribute to the Archway. And I truly enjoy writing a column every other week. I really do. But the past few weeks have been incredibly busy and at this moment, my mind is a bit fried. So rather than try to write

experience. It's pretty disgusting stuff that would upset any of us if one of our sisters, daughters, cousins were referred to this way. It's spread to 10 school districts in New York state and several in

"How does a young adult learn how to be a responsible user of alcohol? Trial and error? One too many hang-overs?"

Connecticut. Civility 101 stuff.

I don't know about you, but I'm getting bored with the countdown to the royal wedding. I'm very happy they're tying the knot but it's enough already with the TV coverage on every aspect of their "special day". Do we really care what kind of buggy Kate arrives at the church in? Or what kind of shoes the Prince will wear?

Charlie Sheen needs help. Is there anyone, other than Charlie himself, who doesn't think this? He's either really ill or an incredibly talented actor who is playing the role of his life.

Are there any spring weekend bands around that would appeal to Bryant students who don't feel the need to demean women and encourage outrageous drinking habits in order to get women to perform sexually?

What's the best way for a hacker to attack Facebook users? A new survey shows an old-fashioned method works pretty well. One out of every five male social network users admits they'll accept any friend request that comes from a woman — even if that woman is a complete stranger.

Some parents think allowing the occasional glass of wine at dinner teaches their teenagers how to drink responsibly. Others believe it sends the wrong message about underage drinking. What do you think? How does a young adult learn how to be a responsible user of alcohol? Trial and error? One too many hang-overs?

And last but not least, a factoid I came across recently: The first testicular guard, the "Cup," was used in Hockey in 1874 and the first helmet was used in 1974. You do the math and draw your own conclusions.

What grinds my gears: Salmo tray return

By Sara Elder
Copy Editor

How many people have gone up to the tray return conveyor belt in Salmo and tried to put their tray on one of the metal shelves to find that it doesn't fit with your cup on it? The first thing people try is to take their straws out, a reasonable request of students to do because they're supposed to throw out trash first, anyway.

This usually doesn't help, and the next thing students try is a different shelf. But since none of the shelves are the same height above the previous shelf, there's no way to tell without trial and error if your cup will fit. The most common result of this struggle is students shoving their tray onto any old shelf, where their cup will tip over and possibly fall off the tray completely, causing a mess.

The problem I have with this is simple: don't get bigger cups if you don't have the

shelves to fit them. I'm only a freshman but I was told by some older students that the cups they now put solely by the 'Hydration Station' are the cups that used to be used. What's wrong with those cups? They're big enough; I can see by their size that they're at least 8 oz. and honestly, if you drink that much, go up and refill your cup. It'll prevent students from taking too much, and isn't soda bad for you anyway?

We shouldn't have such big cups that encourage students to drink that much. Students will also be more likely to finish their drinks with smaller glasses, leading to fewer spills (which wouldn't matter, because if



What would happen if we had cups this tall? (MCT Campus)

we used the smaller cups, they would actually fit on the shelves and wouldn't tip over).

It's really just poor planning to switch to larger cups with these shelves for tray return.

I'm also frustrated with the lack of students who actually throw their trash and leftover food away before disposing of their tray and dishes. I'm astounded every time I go to Salmo and I'm the only one going to the trash receptacles before returning my tray.

I visited Smith University recently and they had a very different system. There was an area to return trays, dishes, silverware, and the like, but there was an opening to the kitchen where there

were racks to put dishes and utensils with kitchen workers constantly walking by and picking up full racks when necessary.

Students had no choice but to clean their food off first because the employees weren't going to do it for them, and they could see what students were doing. It's not a hard concept to grasp. It's your job to clean off your trash and food, theirs is to wash the dishes.

Now I'm not saying that students should be forced to clean their trays, but I want them to think twice about what they're doing when they put their tray on the rickety uneven shelves with used straws, crumpled napkins, apple cores, and spilt soda. Would they want to be cleaning up students' messes if the positions were reversed? Would you want to have to take 3 more tedious steps before each dish is washed - just because students are too lazy to do it themselves?

Just a number?

By Jose Maldonado
Staff Writer

"You only got it because you are colored." Eight words that I heard for the first time when I entered Bryant University back in September of 2007. Fast forward to March 2011, these words are still being said. Why is this still happening?

At this time, I would like to outline a few of my involvements in the last four years: 4MILE Peer Counselor, Orientation Leader, and Resident Assistant. I went into these positions with a sense of pride. I believed that the reason why I was selected was because of my extroverted personality, dedication, and willingness to put 100% into everything that I do.

However, what other students were saying was the complete opposite of what I was feeling. Let me just reiterate the opening quote, "You only got it because you are colored". At first, I thought it was just jealousy. Those students who were not selected needed to find a reason why I did not deserve it.

However, as time has gone by, I am slowly starting to fall into the mindset of the majority. Am I really just a number needed in order to fulfill a quota?

I ask myself, what exactly

is administration doing to quell these statements? In my mind, absolutely nothing, rather they are further reinforcing this statement. Students of color at this university have become a token. It means that we are most minimally accepted in order to create this false appearance that we are being included.

Being involved with many different departments on campus, I have witnessed some things. For example, when a student of color does not return to a staff and is in turn, replaced by another student of color, who in my eyes was under qualified, that is

I do not want to be hired because I am needed to fulfill a number. I want to be hired because I deserve to be in a certain position and am fully qualified to fulfill the tasks.

The word 'diversity' is one that is thrown around on a daily basis on this campus. Some say that we are a diverse community while others disagree with this statement. Whatever the case may be, no one has ever addressed the reason why we have to be diverse.

Here is a question that I pose to administration - are students of color 'wanted' on this campus, or are we 'needed'?

Yes, we are tolerated on this campus, but we are not accepted. Yes, we are acknowledged on this campus, but we are not embraced. To follow up the first question, I would like to ask why? Can someone please let us know the reason why we are wanted or needed here? Is it for a number? Is it for

the image?

Or is it that you truly believe we should have access to the same resources as other people?

When this question is answered, students of color at this institution will have better knowledge as to their place in this community, and the one at large.

'I do not want to be hired because I am needed to fulfill a number. I want to be hired because I deserve to be in a certain position and am fully qualified to fulfill the tasks.'

questionable. Another example is when different staffs across campus are made up of mostly white students and only having one or two students of color, some who have a low-key personality in order to not attract negative stereotypes, that is questionable as well.

Bryant Said What!?

Compiled by Bryant Students

"The great, omnipotent penis is watching and judging you."

"Elizabeth Taylor died... Now who's going to corner the market on perfume that smells like old people?"

"WTF! This guy called me and I told him he had the wrong number. He calls back once again and a third time to tell me he can't get my voice out of his head!"

Student: Do you have anything dessert-y?
Employee: Yeah...garlic twists?

E-mail funny quotes to dford1@bryant.edu

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Letters and submissions must be submitted electronically. Bryant University community members can email submissions to: archway@bryant.edu. Letters and articles can also be given to *The Archway* on disk. They can be left in *The Archway* drop box on the third floor of the Bryant Center or disks can be mailed through campus mail to box 7.

The deadline for all submissions is by 5 p.m. on the Monday prior to publication (for a complete production schedule, contact *The Archway* office). Late submissions will be accepted at the discretion of *The Archway* staff and more than likely will be held until the next issue.

Members of the Bryant community are welcome to take one copy of each edition of *The Archway* for free. If you are interested in purchasing multiple copies for a price of 50 cents each, please contact *The Archway* office. Please note that newspaper theft is a crime. Those who violate the single copy rule may be subject to disciplinary action.

The Opinion pages of *The Archway* feature the opinions of the identified columnists and writers, which are not necessarily those of the newspaper or Bryant University.

5 songs by artists you have never heard of



Top Row (left to right): Fish (former drummer of SHIT), Kelsey, Morgan, and Nick. Bottom Row: Chris, Mike. (Kelsey DiCarlo)

By Kelsey DiCarlo Staff Writer

These 5 songs are by local bands in the New York/New Jersey area that I have seen in small-town concerts over the years. Some of these bands have broken up recently, but their songs had an impact on me and you can still find them on YouTube. So get ready to do some searching for these 5 songs you might not be able to hear live, but you wish you could.

1. "Louie Gee" by Sexy Heroes In Transit

The Sexy Heroes are not only an amazing band, but they have been personal friends of mine for years. The

group reigns from North Jersey and has a plethora of hilarious originals about things like Pirates (called "Pirates!") and the cartoon Doug of Nickelodeon legacy (called "Bluffington Diaries"). "Louie Gee" is the easiest song to find on YouTube, and that's why I am profiling it. The song follows the thoughts of Luigi, better known as Mario's taller younger brother.

The song pays tribute to this infamous plumber underdog, listing all of the ways he is in fact, better than his older brother, and pointing out how unfair it is that Mario always gets Princess Peach while Luigi is stuck with Toad.

The band's current mem-

bers are actually a brother duo, Chris and Mike Watts, and their friend Nick Everett, who is from England. The music video the guys created does the song much justice, complete with fully accurate costumes, which vary from their usual fireman pants.

Definitely check this one out, it will have you laughing! Be sure to check out heroesrock.com or email chris@heroesrock.com to be added to their mailing list!

2. "845" by EgoKill

Again, Ego Kill's members are my personal friends. This time, the boys are from Rockland County, NY, where I am from. These guys are a metal band, and their song "845" pays tribute to the area code

of Rockland, 845. The lead singer, Brian Schermerhorn, one of the most outrageous and funny people you would ever be so lucky to meet, actually has the digits tattooed on his wrist.

The song's lyrics are actually comical, giving shout-outs to Stony Point and Garnerville, which are towns in Rockland County. If you're into hardcore listening, definitely check these guys out! Other recommended songs are "Welcome to the Violence" and "Shattered".

3. "Stella" by Darrin Bradbury and the Ballistics

I've met Darrin several times, but I doubt he remembers me, since it's been years since I've last seen him perform. Despite this hiatus, I still love his song "Stella". Darrin, a Jersey native, traditionally does folk music, but "Stella" is an upbeat, rock-sounding anthem casting off the goals that may come and go, reminding the audience to be happy with whatever skills they have.

Darrin is confident he will be the greatest by simply being just who he is. The audience gets to interact with the song when seeing it live: Darrin cries out "Now when I say Stella, you say Stella, and why I say Stella, you...say..." and the audience shouts "STELLA!" You can't help but laugh along with Darrin.

Word to the wise, if you do search for this song on YouTube, the actual song doesn't begin until about 2:15 on the most popular hit for Darrin Bradbury's Stella.

4. "I Was Stupid" by the No-Shirts

I only saw Jersey natives the No-Shirts once, but I still have their 4 track demo CD and listen to it from time to time. "I Was Stupid" is one of those four songs, the other three being "Stuck in Suburbia", "In the Dark", and "Story on a Shelf". All four are typical boy-band ballads, slow singing with a steady guitar to carry the songs through.

What sets them apart is how heartfelt their lyrics are. When you listen to the songs, you feel as though they are singing directly to you, sharing the memories they've had. The songs are really sweet and are worth a listen.

5. "Shape Shifter" by Silence the Feedback

Yes, Shifter is spelled without the "I". While I am not sure why that is, I am sure that Silence the Feedback is another Rockland-hailing band with a very unique sound. The songs have the heavy guitar and bass of metal, but the lyrics are almost like classic rock or even alternative. The singing is not screaming, which is an interesting feat for a band of this stature.

This alternative band has all-around great songs, and I am friends with a few of them. Silence the Feedback, or STF, has so many songs out and a huge cult following. Really, any of their songs have the guitar riffs to win you over, and the rich voice belting out the rebellious lyrics will have you singing along.

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The Adjustment Bureau



Matt Damon and Emily Blunt in the *Adjustment Bureau* (MCT Campus)

By **Coburn Childs**
Staff Writer

What if you found out your life was just a series of pre-determined choices and that events were already outlined for you? That you do not hold the power to pursue your own interests, ambitions, or true love?

That you were just a pawn in an other-worldly chess game played by a team of men who control the entire world? These are the questions that *The Adjustment Bureau*—a mind-bending sci-fi/romance/drama hybrid—asks the audience to consider.

Matt Damon stars as ambitious, up-and-coming politician David Norris, a man plagued by the past, yet determined to advance his political career at any cost. On one of the biggest nights of his life he has a seemingly random encounter with Elise (*The Devil Wears Prada*'s Emily Blunt), a beautiful woman whose chance meeting with him impacts him in a way he never expected. David is haunted by Elise and tracks her down once again in the hopes of nurturing a relationship later down the road.

However, his efforts are continuously thwarted by a mysterious group of men who are known only as "the adjustment bureau"—they control the paths of every person in the entire world, and they tell David that his meeting with Elise was only supposed to be a chance encounter that provided a slight "adjustment" to keep him on the correct path for his future.

If David pursues Elise, they tell him, his dreams will be crushed, as will hers. Hence, the adjustment bureau—controlled by a being known only as "The Chairman"—must ensure that David and Elise go on their separate paths and never see each other again. But neither David nor Elise are about to

give up that easily.

The Adjustment Bureau—adapted from a short story by sci-fi legend Philip K. Dick—takes an intriguing premise, with a number of thought-provoking concepts mixed in, and crafts a unique and rivet-

with such poise that it's impossible to not be drawn to her.

These two fine actors turn in fantastic performances that propel the central romance and keep us engaged in the story on-screen. Amidst some cheesy dialogue and a few far-fetched twists, Blunt and Damon stay sincere, making even the ridiculous seem completely plausible. And it is for this reason that we root for David and Elise.

Although slightly flawed, *The Adjustment Bureau* is still a movie that hits most of the right notes and will stay with you long after you've left the theatre. In fact, one of the best parts of this film is that it poses big questions about free will and destiny in an entertaining fashion without becoming preachy in the least.

Suspenseful, sincere, well-acted, beautifully-shot, and incredibly thought-provoking, this *Stranger Than Fiction*/*Inception*/*Time Traveler's Wife* mash-up succeeds in accomplishing what only few films can: it will entertain you, tug at your emotions, and keep you talking for a while afterwards.

'It's an exciting and poignant flick that manages to serve as a quiet midnight walk and a roller-coaster thrill ride all in one.'

ing tale for the audience. At its heart, this film is a story about whether or not love conquers all—it's an exciting and poignant, if occasionally over-crowded, flick that manages to serve as a quiet midnight walk and a roller-coaster thrill ride all in one.

It's not often that a movie is able to get the audience to buy into an entirely fictional concept, develop characters that feel human and not clichéd, portray a tender and authentic love story, and keep you on the edge of your seat all at the same time. Indeed, it is impressive how seamlessly the different genres that are encompassed are blended together to make a believable and engaging story. And it is a cinematically beautiful film, as well, shot in shades of gray, with bursts of color that reflect the film's underlying tone.

Most importantly, the driving force of this film is the fantastic chemistry between the beautiful Blunt and the ever-reliable Damon. (Has he ever done a bad movie? Seriously, the closest he's come was the clunky, yet still very imaginative, *Brothers Grimm*.) Exuding charisma, Damon tackles the role so earnestly and with such boyish charm that he makes it look easy. And as a character with just a hint of mystery beneath her beauty, Blunt portrays Elise

This movie earned
4 out of 5 bulldogs



Word Vomit Two Fold

By **Blair Worthington**
Staff Writer

Opening doors and closing the gaps,
are things that are happening slowly.
With the fear of threat,
and the need for power,
many people are still feeling lowly.
Lessening wrongs and promoting our rights,
are things that aren't happening right away.
With the assumed positions,
and the need for order,
we try to correct yesterday.
Shocking the world and fighting oppression,
are things that still need to be done
With desire at hand,
and a need for success,
we are in a war that should have been won.

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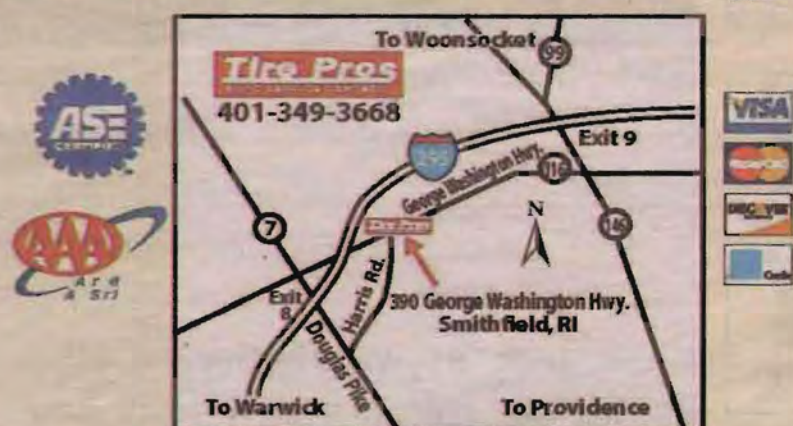
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